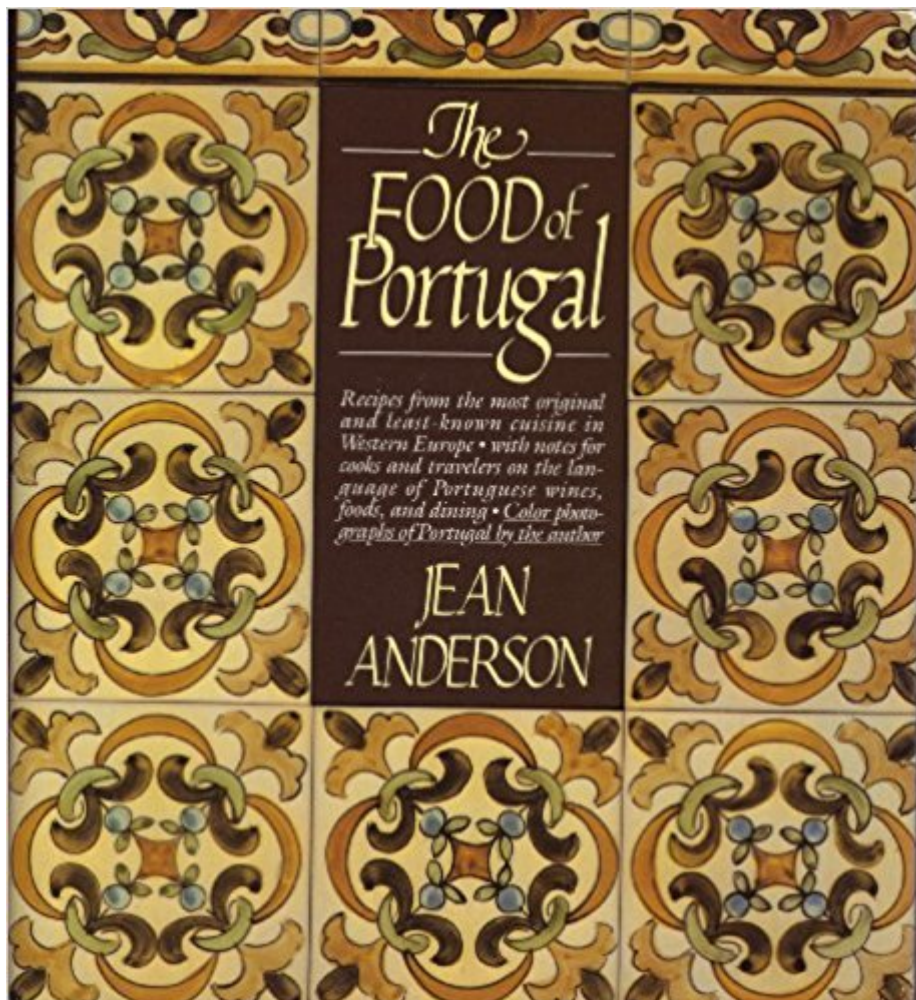


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# The Food Of Portugal



## Synopsis

An extensive bilingual glossary explains, defines, and describes Portuguese food, wine, cooking, and restaurant terms. With notes for cooks and travelers on the language of Portuguese wine, food, and dining. Wine notes have been completely revised and updated. Color photographs of Portugal by the author. --This text refers to the Paperback edition.

## Book Information

Hardcover: 304 pages

Publisher: Morrow; 1st edition (1986)

Language: English

ISBN-10: 0688043631

ISBN-13: 978-0688043636

Product Dimensions: 1.1 x 8.3 x 9.2 inches

Shipping Weight: 1.9 pounds

Average Customer Review: 4.4 out of 5 stars 35 customer reviews

Best Sellers Rank: #1,528,744 in Books (See Top 100 in Books) #64 in Books > Cookbooks, Food & Wine > Regional & International > European > Portuguese

## Customer Reviews

Portugal, as much as Portuguese cooking, is the subject of this book, which is enlivened by veteran food writer (coauthor of The NEW Doubleday Cookbook Anderson's familiarity with the country's people, regions, rivers and markets. A lengthy glossary in the introductory section notwithstanding, the narrative is buoyed by historical notes, reminiscences and tips on the best inns and restaurants in Portugal. When Portuguese is used in the recipes, the English translation is also included, thereby precluding the necessity of making frequent reference to the glossary, a mild annoyance with many ethnic cookbooks. The recipes depend on simple ingredients, often in unusual combinations ("pork and clams may sound like a new low in surf 'n' turf dinners, but it is in fact a Portuguese classic"), subtly seasoned with olive oil, bay, tomatoes, garlic and the spices of the East introduced to Portugal by explorer Vasco da Gama at the turn of the 16th century. Meat, fish and chicken, often marinated, and soups are emphasized. In the interests of health and ingredient availability, some traditional Portuguese dishes many egg sweets and lampreys, or fat eel, delicacies have been omitted. Photos not seen by PW. Copyright 1986 Reed Business Information, Inc.

The winner of five best cookbook awards (Tastemaker, James Beard, IACP) and a member of the James Beard Cookbook Hall of Fame, Jean Anderson writes for Bon Appétit, Food & Wine, Cottage Living, Gourmet, More, and other national publications. She lives in Chapel Hill, North Carolina. --This text refers to the Paperback edition.

Not what I expected I an Portuguese probably won't use

Last year purchased for my sister and brother as a Christmas gift. Our parents moved from Portugal to California in 1968. I have been preparing recipes from this book for over 20 plus years. Since I can't read Portuguese - love that author of book translated all the recipes from Portuguese to English. I also like that she has recipes from all the regions of Portugal (like having a recipe book with recipes from each state of U.S.A). Good price point.

Although I have the original hard-cover edition - purchased in 1986 - I continue to give this wonderful book as a gift to friends and family who enjoy Portuguese food. My husband is Portuguese-born, so this book meets all his (and most importantly, his mother's) criteria for authentic ingredients and taste. And because the cuisine of Portugal varies from region to region we have even discovered favorite recipes with which he was not familiar.

Anderson's book is more than a cookbook. Her essays sprinkled into the recipes are as tasty as the recipes she leads you through, step by step. A section on wine and Port history is fascinating. Two of the delicious soups that already have become favorites in our house. My husband and I are vegetarian, but if her pork and beef dishes are as tasty as the vegetable and seafood dishes, meat eaters are in for a treat.

Love it!

Great item with lot of information regarding Portugal traditions and gastronomy. Excellent condition and lots of recipes to enjoy in standard measures (pounds and ounces).

This is a great book! Traditional tastes of Portugal that I remember from my many stops there. Every cook should have this book!

excellent book and recipes, great gift or for your own use. recommended.

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